

INDOOR SOCCER

2023-24 Fall-Winter Registration

Early Bird prices below are available until midnight Monday, Sept 25th. Prices increase by \$30 after this date.

In addition to prices below, all players must pay an annual **BC Soccer Insurance fee**.
\$25 for U4-U10 & \$35 for U11-U18 effective from Apr. 1, 2023 to Mar. 31, 2024.
\$35 for adults 18+ effective from Aug. 1, 2023 to Jul. 31, 2024.

2023-24 Youth Indoor Soccer Registration

Save \$30 by registering for both Fall & Winter Seasons.

Programs start the week of Oct. 10, 2023. Fall Indoor Season runs Oct. 10 - Dec. 18.
Winter Indoor Season runs Jan. 2 - Mar. 11. Some days and times listed may be adjusted for the winter schedule.

Mini programs

Mini programs offer an introduction to soccer with an emphasis on participation and having fun. A variety of activities are presented including mini games. Adult chaperone attendance is mandatory. Shin pads, soccer socks and shorts are required. Soccer shoes or running shoes must be worn. NSA will provide jerseys. Fall \$135 or Fall & Winter \$240 if paid by Sept 25.

Mini 4/5 - Saturdays 9 -10 am. This co-ed program is especially designed for beginner soccer players who are born in 2020 or 2019.

Mini 6/7 - Saturdays 10 - 11am. Saturdays 11-12 pm. This co-ed program is especially designed for beginner soccer players who are born in 2018 or 2017.

Youth Recreational Programs

NSA offers gender separate Youth Indoor Programs. Shin pads, soccer socks, soccer shorts and soccer shoes are required. NSA will provide jerseys. Fall \$160 or Fall & Winter \$290 if paid by Sept. 25.

The 8/9 & 10/11 programs are non-competitive divisions. Sessions will include a skills & training portion at the beginning with a mini game at the end.

Girls 8/9 - Saturdays 2-3 pm. For female players who are born in 2016 or 2015.

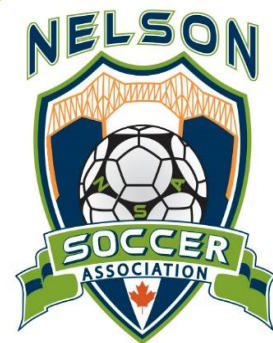
Boys 8/9 - Saturdays 12-1 or 1-2 pm. For male players who are born in 2016 or 2015.

Girls 10/11 - Tuesdays 4-5 pm. For female players who are born in 2014 or 2013.

Boys 10/11 - Tuesday 5-6 pm or 6-7 pm. For male players who are born in 2014 or 2013.

The focus for the following divisions will solely be on fun & playing the game without a training portion. Sessions will be 55 min and two coaches will be on the field at all times.

Girls 12/13 – Wednesdays 4-5 pm. For female players who are born in 2012 or 2011.



INDOOR SOCCER

2023-24 Fall-Winter Registration

Boys 12/13 - Wednesdays 5-6 or 6-7 pm. For male players who are born in 2012 or 2011.

Girls 14+ - Fridays 4-5 pm. For female players who are born in 2010, 2009 or 2008.

Boys 14+ - Fridays 5-6 pm. For male players who are born in 2010 or 2009.



2023-24 Adult Indoor Soccer Registration

Programs start the week of Oct. 15, 2023. Fall Indoor Season runs Oct. 15 - Dec. 18.

Winter Indoor Season runs Jan. 2 - Mar. 11.

Adult Leagues

Adult leagues are competitive and require regular attendance to your games. Leagues are divided into teams with up to 12 players per team. Weekly games are on a rotating schedule. Shin pads, soccer shoes (indoor or outdoor) soccer shorts & socks are required. All programs run for 16 weeks minimum plus play-offs. Registration in multiple leagues is accepted. All leagues are \$210 if registered and paid by Sept. 25.

INDOOR SOCCER

2023-24 Fall-Winter Registration



Men's Open League - Tuesday nights from 7-9 pm. This is a competitive and fast paced league for men turning 19+ in 2024. Returning 2022-23 Indoor players will have priority over new players and the option to join their previous team, if registered and paid by Sept. 25. New players will be allocated to teams at the captains' meeting.

Women's Open League - Wednesday nights from 7-9 pm. For women who are turning 19+ in 2024. Returning 2022-23 Indoor players will have priority over new players, if registered and paid by Sept 25. After the deadline passes, league and captains will allocate the players to teams.

Men's Masters League - Thursday nights from 7-10 pm. This is a very popular league for men who are turning 35+ in 2024. Returning 2022-23 Indoor players will have priority over new players and the option to join their previous team, if registered and paid by Sept. 25. All new players are placed in the draft.

Adult Co-ed League - Friday nights from 6-10 pm. You must be turning 16+ in 2024 to register for this league. This mixed-gender league is a great way to meet people and get some exercise while having fun. This is a fast-paced league and not for beginners. The 8 teams with the most players registered and paid by Sept. 25 will have priority. For gender parity reasons, each team must have 5-6 female players on its roster. If there are any spaces still available, the league will place free agents on teams.

INDOOR SOCCER

2023-24 Fall-Winter Registration



Adult Programs

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Programs run for ten sessions in the fall and another ten sessions in the winter. Preregistration is mandatory and drop-in players will not be permitted.

Co-ed Masters Program – Sunday nights from 7-8 pm. This is a recreational program for men 35+ and women 25+ in 2024 to get some exercise while having fun in a non-competitive, supportive, friendly environment. Beginners are welcome. Fall \$100/ Fall & Winter \$170 if registered and paid by Sept. 25.

Women's Skills Program – Monday nights from 7-8 pm. This program is designed for women turning 19+ in 2024 to work on skill development. It is geared towards beginners but players with more experience are welcome. The first 20 players to register will be accepted. Fall \$125/ Fall & Winter \$220 if registered and paid by Sept. 25.

Register NOW in the [Member Zone](#) for 2023-24 Indoor Soccer